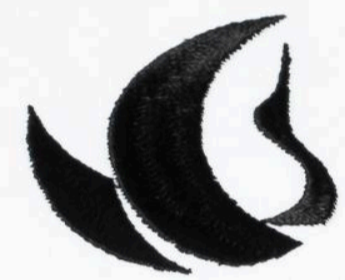


**SUPPORT THAT
CHANGES LIVES**
**ANNUAL REPORT
OF THE "SYLNI"
FOUNDATION
FOR 2025**



**МЕНІ
МОЖНА**

не пробачати.
забувати.
мовчати.
кричати.
ховатись.
боротись.
повертати сили.
жити.

A YEAR THAT WE LIVED TOGETHER

A letter from the President Nadiia Volchenska

Dear friends, partners, colleagues, and everyone who supports our work! As a co-founder of the “Sylni” Foundation, I can proudly say that **2025 became a year of growth and scaling for us**. It was a year of noticeable expansion — in the number of people reaching out for support, in the scale of our responsibility, and in the internal maturity of our team.

For nearly four years, we have been working every day with people who have experienced sexual violence. During this time, the foundation has changed significantly. We have streamlined our processes, strengthened our team, and learned to provide help faster and more systematically, while keeping our focus on what matters most — people and their needs.

Our work in 2025, as always, was **for people and about people who, with our help, regain support and control**. They are the ones we work for.

WE ARE PROUD TO SAY THAT WE:

- Received **480 requests** and provided **91 people** with comprehensive support;
- Raised **2,468,730 UAH** for support to survivors;
- Began building an ambassador network to increase the visibility of the issue of violence and expand the circle of support;
- Provided **577 hours of psychotherapy** and **31 legal cases**. Including international and CRSV (conflict-related sexual violence), and provided **639 medical serviced**.

This year also became an important stage of internal change.

The “Sylni” Foundation transitioned to an updated management model with a clear distribution of roles and responsibilities. I fully took over the operational leadership of the organization: team coordination, day-to-day activities, key processes, program and partnership development.

Yaryna Vyshenska, co-founder of the foundation, completed her role in daily management and moved into the position of strategic advisor and author of educational projects. Her contribution to the foundation’s development is fundamental. It is important for us to preserve this strategic support while combining it with effective daily management. We speak about these changes openly because transparency is one of our key values.



Looking into 2026, we see new opportunities for growth: we plan to scale comprehensive support, expand the community around preventing violence, and strengthen our connection with those who already support the foundation and share our values.

Thank you to everyone who supports us with words, trust, a repost, or a donation. We will continue working and staying close to those who have experienced trauma for as long as it takes.

**WITH WARMTH,
NADIIA VOLCHENSKA
PRESIDENT**



ORGANIZATIONAL RESILIENCE AND SAFETY



Olha Bondarchuk, Program Director

"In 2025 we tried to find every opportunity to strengthen the organization's resilience, because the problem of violence — both in the rear and under occupation — has not disappeared. Despite the difficult situation at the front, constant shelling, and overall economic instability, we managed to

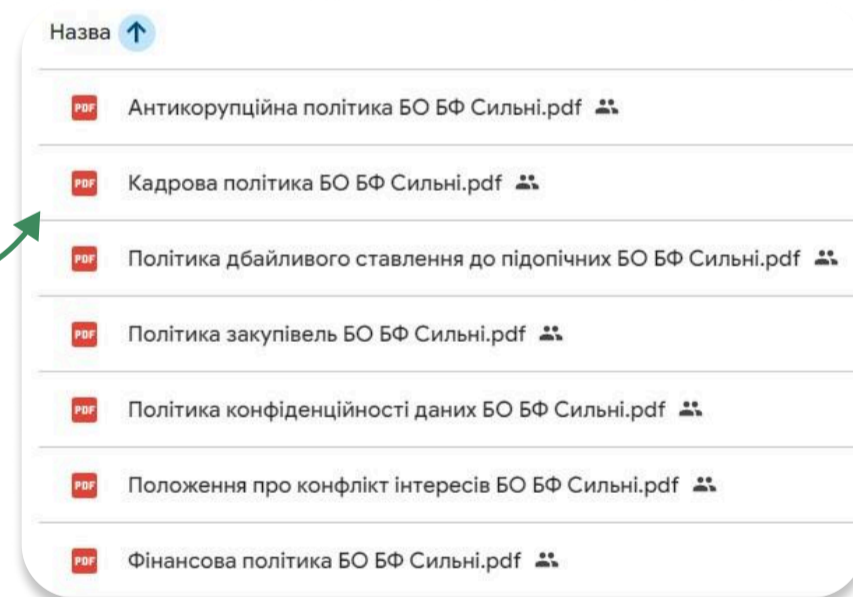
strengthen ourselves as an organization, raise the quality of work across all areas, and scale our activities."

ORGANIZATIONAL CAPACITY BUILDING

2025 became a time of systematically strengthening internal processes and professional development. We aim for every element of the foundation's work to be structured, transparent, and effective — and for the team to work confidently and productively.

THIS YEAR, WE ACHIEVED THE FOLLOWING:

- Created new organizational policies: with funding from the Ukrainian Women's Fund, we introduced 7 new internal policies regulating processes and team work standards.
- Structured and standardized work processes, reducing case processing time and improving team collaboration. We integrated key processes into Trello and Slack to systematize tasks and maintain a transparent rhythm.
- Conducted a strategic session and updated our communications and fundraising strategies to define priorities for the next 1-3 years, improve external presentation and internal effectiveness, and optimize donor/partner engagement.



- Held the first team retreat to discuss values, goals, and team interaction.
- Had the training for managers and the support team from psychologists (March- April 2025): 4 online training sessions within the course "How to transform stress into personal and career growth."



ENHANCING CONFIDENTIALITY AND SECURITY

Confidentiality and security are fundamental principles of our work. In 2025, we took several steps to further protect the data of the people we support and our partners, while also ensuring a safe working environment for our team:

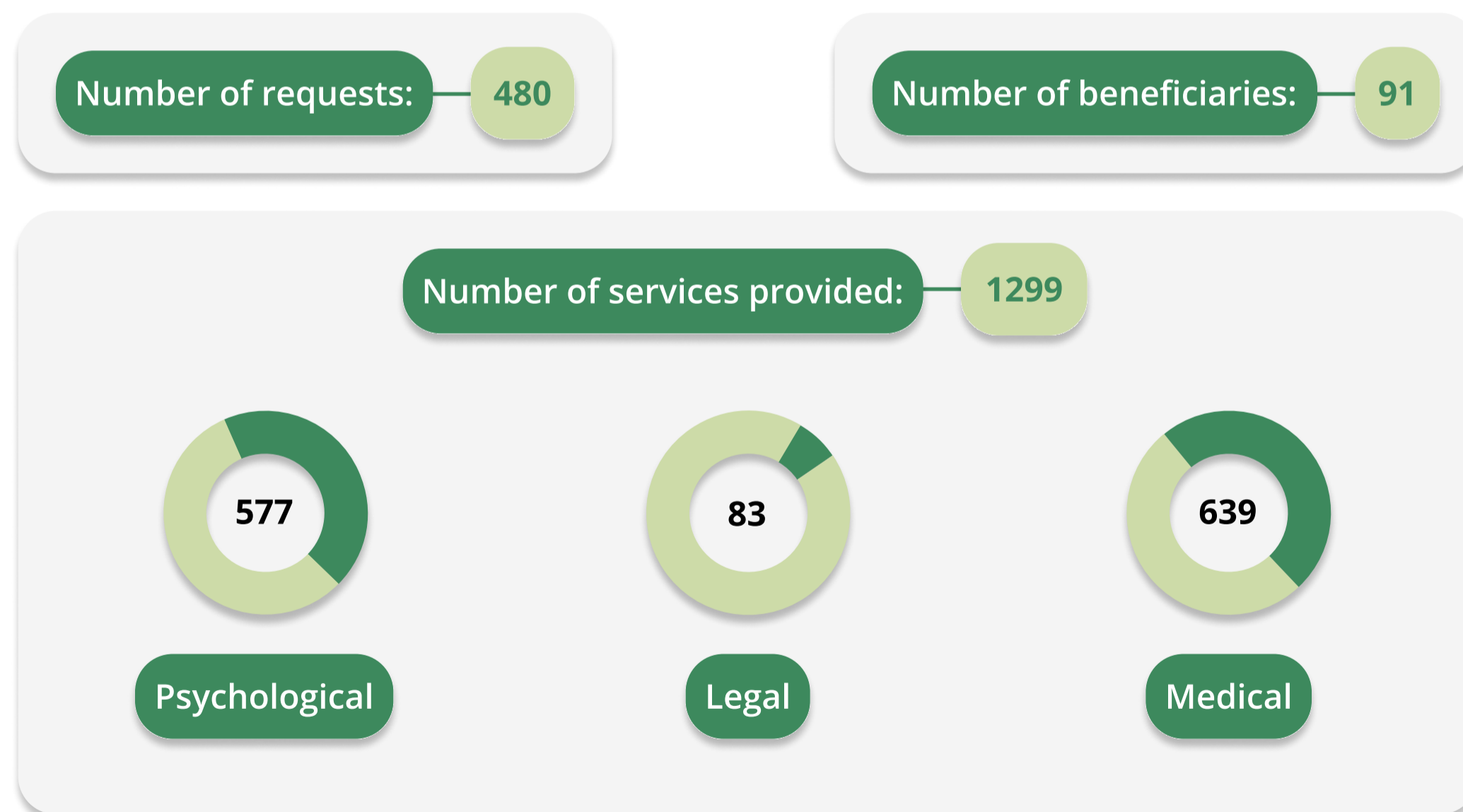
- ✓ **Updated our chatbot and added new security protocols.**
From now on, data is stored on a separate server to keep communication with beneficiaries confidential and protected from external influence.
- ✓ **Implemented a CRM for case work.**
This allowed us to track support, structure internal processes, and securely store beneficiary information. This also improved reporting transparency for donors and partners.
- ✓ **Improved standards for ethical and safe communication.**
During the year, we expanded and updated guidelines for partners, case managers, and doctors, and developed a separate guidance note for managers on interacting with people who have experienced violence-related trauma. Both documents help our team and partners act appropriately, reduce the risk of retraumatization, and improve the quality of support provided.

EXPANDING SUPPORT IN 2025

The year 2025 became a record year in terms of the number of requests and services provided. We expanded support to all survivors of sexual violence, not only those affected during the full-scale invasion — this was made possible thanks to the support of society, donors, and partners, as well as our desire to scale our work and changes in the positioning of our services. **This step allowed us to reach more people — therefore, the number of people who received support is higher compared to previous years, even considering that there were no large-scale de-occupations of territories.**

In addition, we expanded our network of partners in the legal and medical fields, which allows us **to provide comprehensive and safe support for everyone who contacts the foundation**, regardless of their request.

RECORD INDICATORS THROUGHOUT THE FOUNDATION'S EXISTENCE



PSYCHOLOGICAL SUPPORT

This year we introduced **a psychometric data system** to track therapy progress and adjust individual plans.

Professional development of the psychological team

- Our supervisor **Tetiana Nazarenko presented the foundation's expertise at international and national professional events**, including **ESTSS 2025** in Tbilisi and the All-Ukrainian conference "EMDR – a path to healing and recovery in wartime").
- Foundation psychologists completed **13 professional trainings** throughout the year, including work with trauma in catathymic-imaginative psychotherapy, the Barlow Unified Protocol, EMDR approaches for working with children and adolescents, responding to intimate partner violence (IPV) in military families, as well as work with PTSD and support for military families. Some of the trainings have a long-term or recurring format, which allows specialists to deepen their skills and integrate new approaches directly into their work with beneficiaries.
- We launched **a new partnership with the Psychological Health Center 4help**, so that our beneficiaries can work with a team combining psychotherapy and neuroscience expertise and building Ukrainian-language educational opportunities for professionals.

LEGAL SUPPORT

We strengthened cooperation with attorneys **Marta Zmysla and Yurii Bilous**, launched submission of materials to the Hague court, and expanded legal partnerships. **In 2025 we took 11 cases into support, including 7 related to conflict-related sexual violence.** Most cases are in pre-trial investigation; one case has already received a sentence with moral damages awarded, and we are working on enforcement, including mechanisms for in absentia sentences and alignment with ECHR practice. We also started **a partnership with the organization "Prozhektor"**, which strengthens our legal support capacity.

MEDICAL SUPPORT

We continued to accompany beneficiaries in medical consultations and treatment, including funding certain procedures and medications. This year we expanded the network of partner hospitals and increased our capacity to provide support.

NUMBER OF MEDICAL SERVICES:

17 Gynecological consultations

14 Gynecological procedures

81 Laboratory diagnostics

353 Dental services

110 Provision of medications

64 Other medical services

MOST SIGNIFICANT MEDICAL CASES IN 2025

Case 1: — Medical support totaling 210,030 UAH

We supported a woman who spent more than six years in captivity, including in the “Izolyatsia” torture facility, where she experienced torture and sexual violence. After returning to Ukraine, she sought help due to acute pain and severe dental damage. We ensured a full range of dental intervention: diagnostics, anesthesia, extraction of damaged teeth, suturing, X-ray imaging, cleaning and filling of root canals. This eliminated chronic pain, prevented complications, and restored basic functions, significantly improving her physical condition.

Case 2: — Medical support totaling 165,582 UAH

We supported another woman released in the same exchange who spent a long time in basements, suffered sexual violence and torture, and accumulated complex health issues. Medical help stabilized her condition and started recovery after years in constant stress and lack of hygiene and basic medical support. We also provided an instrument for work — a sewing machine — because rehabilitation often requires comprehensive support beyond tests and consultations.



Nadiia Volchenska, President

“These cases once again show: for people who survived long captivity, a holistic, interdisciplinary approach is critically needed — from medical and psychological support to long-term rehabilitation.”

INFORMATION SPACE, COMMUNICATIONS AND AUDIENCE ENGAGEMENT

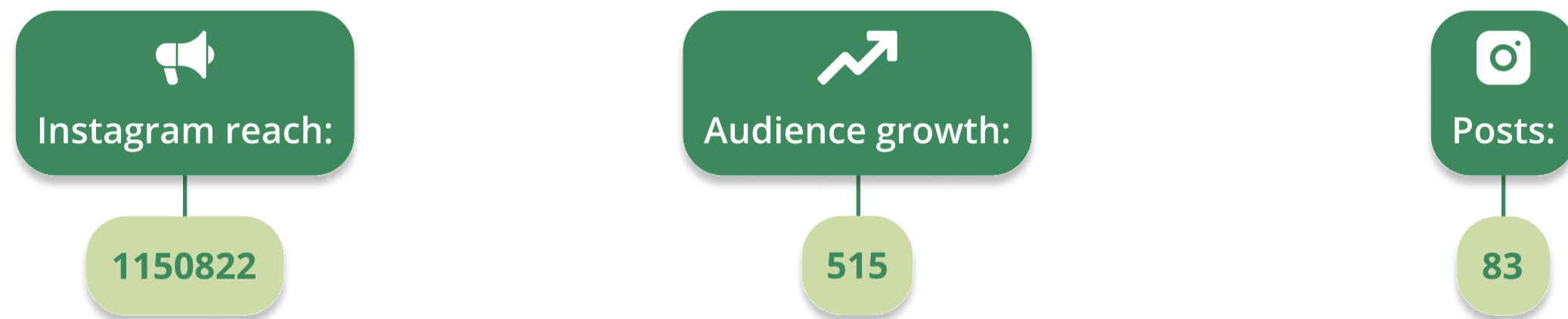


Yaryna Pukalo, Content Manager

“In 2025 we received a huge amount of support from women and men of different ages, professions, and views. Often, thanks to our posts, they shared their own experiences — harassment, violence, abuse — and, just as importantly, their experiences of recovery, their strength and courage, and ways of supporting other survivors. This shows again how relevant, widespread, and painful the problem of violence is. It matters to us to be the ones who encourage people to speak up, share useful information and help contacts. It matters to us to support those who come to our social media as if to an island of safety where you will be supported unconditionally.”

EXPANDING SOCIAL MEDIA PRESENCE

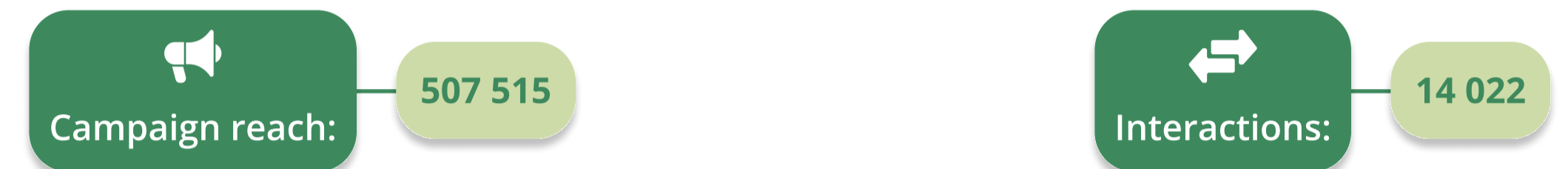
We systematically worked on talking about violence in a simple, accessible, and responsible way. Over the year, we significantly expanded the foundation’s visibility:



Thanks to joint projects with partners, colleagues, and ambassadors, we were able to bring the topic of sexual violence during the war into a broader public dialogue, using formats that do not retraumatize, but instead inform and educate.

CAMPAIGN: “16 ACTIONS AGAINST VIOLENCE”

This year we ran a large-scale information campaign as part of the global initiative “16 Days Against Violence,” but gave it new meaning. **The core idea: “A social stance is formed from everyday micro-actions.”** We offered the audience 16 specific actions — from how to intervene in a dangerous situation on the street to how to teach children consent, respect, and safety.

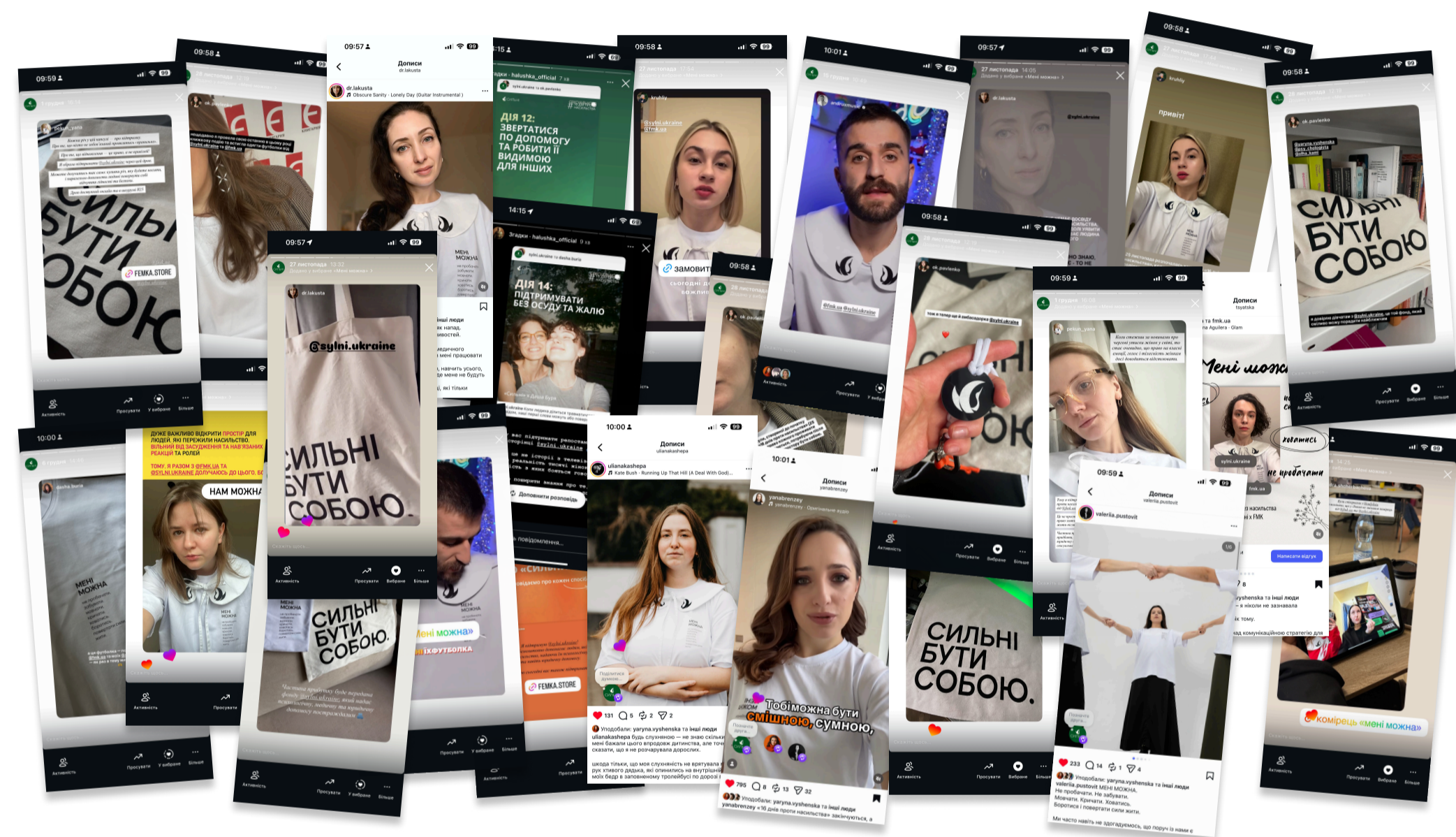


The campaign became one of the strongest communication projects of the year: it not only informed, but also formed a behavioral norm – that **everyone can act.**



ДІЯ 2: НЕ ЗАПЕРЕЧУВАТИ НОРМАЛЬНІСТЬ ЕМОЦІЙ ПОСТРАЖДАЛИХ 	ДІЯ 3: ПОКЛАДКАЛАТИ ВІДПОВІДАЛЬНІСТЬ ЗА НАСИЛЬСТВО НА КРИВДНИКА ПОВНІСТЮ 	ДІЯ 4: ЗМАЛКУ НАВЧАТИ ПРАВУ НА ОСОБИСТИЙ НЕДОТОРКАНИЙ ПРОСТІР 	ДІЯ 5: НАВЧАТИ ДІТЕЙ ПРИНЦИПУ ЗГОДИ НА ВЛАСНОМУ ПРИКЛАДІ 	ДІЯ 6: ЗАСУДЖУВАТИ СЕКСУАЛІЗАЦІЮ ТА ЕКСПЛУАТАЦІЮ НЕПОВНОЛІТНІХ
ДІЯ 7: ЗАСУДЖУВАТИ СЛОВА ТА ЖАРТИ, ЯКІ ЗНЕЦІНЮЮТЬ СТАТЕВУ БЕЗПЕКУ ІНШИХ 	ДІЯ 8: ЗБЕРІГАТИ В ТАЄМНИЦІ РОЗКАЗАНЕ 	ДІЯ 9: ДОНАТИТИ ЛЮДЯМ ТА ОРГАНІЗАЦІЯМ 	ДІЯ 10: ПОШИРЮВАТИ ІНФОРМАЦІЮ ПРО БЕЗПЕКУ ЯК ВАЖЛИВУ ДЛЯ ВСІХ 	ДІЯ 11: ГОВОРИТИ З ПОДРУГАМИ ПРО РИЗИКИ НАСИЛЬСТВА
ДІЯ 12: ЗВЕРТАТИСЯ ПО ДОПОМОГУ ТА РОБИТИ ЇЇ ВИДИМОЮ ДЛЯ ІНШИХ 	ДІЯ 13: ВЧИТИ ДІТЕЙ КОРЕКТНИМ НАЗВАМ ЧАСТИН ТІЛА ТА ОСОБИСТИМ КОРДОНАМ 	ДІЯ 14: ПІДТРИМУВАТИ БЕЗ ОСУДУ ТА ЖАЛЮ 	ДІЯ 15: ЗНАТИ ТА НАВЧАТИ ІНШИХ ЖЕСТИВ ТА СИМВОЛІВ ПРО ДОПОМОГУ 	ДІЯ 16: ПІДТРИМУВАТИ ФОНД «СИЛЬНІ»

In 2025 we took a step toward building a community around the values of the SylNi Foundation. This is how the **ambassador program** appeared: a space for people ready to publicly speak about safety, support, and the unacceptability of violence – and to make these topics visible. During the year, 20 ambassadors joined the program, and we implemented at least two joint collaborations with them. They became an important part of our media presence and help carry key messages to new audiences.



Bohdan Andrukh
Ambassador of the SylNi Foundation

Nothing destroys a society like indifference. Living by the principle, “mind your own business,” you don’t notice how your neighbors’ houses catch fire, and then the roof of your own. That is why I can never be indifferent to the suffering that, even if it hasn’t happened to me, has damaged the lives of people around me. The least each of us can do is speak about the problems that exist, because a voice truly has power.



Dasha Buria
Ambassador of the SylNi Foundation

I support the SylNi Foundation because I am a woman. Because I am a human being. Because I am a citizen and a member of Ukrainian society. Because it cannot be any other way.



Liza Tkachenko
Ambassador of the SylNi Foundation

A safe space is the responsibility of everyone within it. And as individuals, we must do everything possible to help create this space. The SylNi Foundation, through its actions, builds a society where people who have experienced violence can find support. Supporting SylNi is our role in shaping a society where violence is condemned, qualified help and assistance are provided to survivors, and an informed and educated community is fostered.

COLLABORATION WITH DUSHKA



Together with the brand Dushka, we launched an information campaign on social media about the visibility of sexual violence and living through this experience.



We are glad to see brands promoting such important topics and publicly supporting survivors.

PUBLIC RECOGNITION

2025 was a year of important international and national recognition, which confirms trust in our work and its perception in professional environments. These achievements strengthen us as an organization that works transparently, responsibly, and systematically.



We received the **Council of Europe Development Bank (CEB) Awards for Social Cohesion 2025**. For us, this recognition confirms the effectiveness of our programs, increases the foundation's visibility within the international community, and opens new opportunities for collaboration and resource mobilization.



The **“Charitable Ukraine (Kyiv Region) 2025” Award** recognized our achievements in the rehabilitation of people who have experienced sexual violence. This recognition highlights the foundation's contribution to building a proactive society that does not tolerate violence.



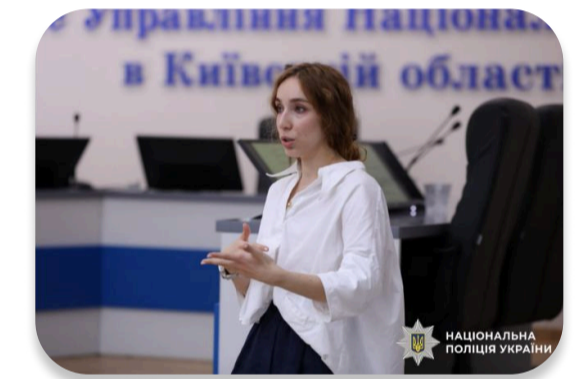
The foundation has completed verification on the **Philanthropy in Ukraine**. This confirms the transparency and reliability of our work. This verification also opens **new opportunities for developing partnerships and attracting resources** to provide comprehensive support to people who have experienced sexual violence.



EDUCATIONAL INITIATIVES

Every year, we share our expertise, train other organizations, and create a space where experience in supporting survivors becomes a shared resource. This year, we conducted:

- **A training for operators of the 102 police hotline** — the people who are often the first to hear about what has happened and help survivors move forward within the legal system. During this training, Nadiia Volchenska provided essential knowledge and skills on the types of responses survivors need during conversations; how emotional states can complicate communication; which response algorithms help ensure ethical work; and which self-regulation practices operators can use to support themselves during or after their work.



- **A training for staff and volunteers of the Ukrainian Red Cross Society** on the topic “Fundamentals of interacting with people who have experienced sexual violence.” This training helped more than 100 participants develop practical skills necessary for safe and ethical support of survivors of sexual violence.
- We also **developed methodological materials for specialists of NRC (the Norwegian Refugee Council)** on ethical communication with people who have experienced sexual violence, as well as response protocols for cases of sexual violence within an organization's team.



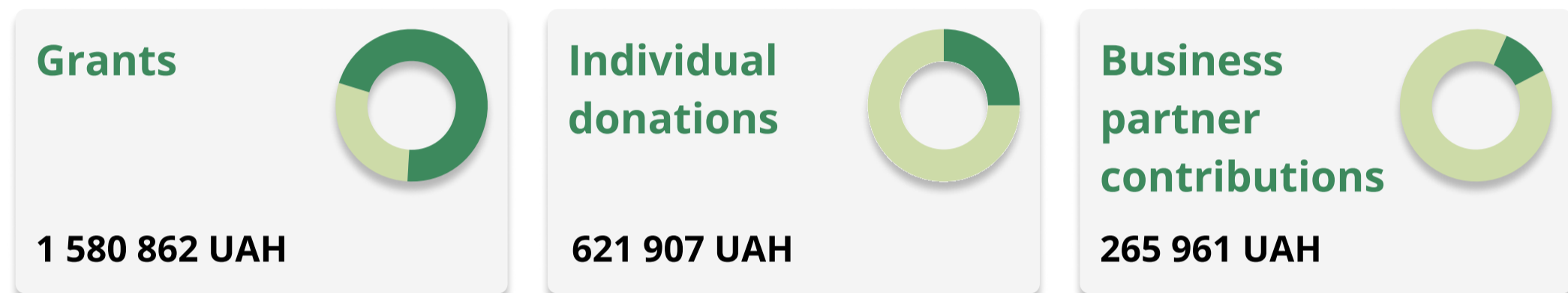
Oleksandra Lisohor, Communications Manager

“This work contributes to long-term changes in communication: the more professionals know how to respond to cases of sexual violence in a sensitive and appropriate way, the more people will be able to receive truly high-quality, professional support.”

RESOURCES THAT ENABLED SUPPORT THIS YEAR

The year 2025 became a year of important international and national recognition for us — reflecting trust in our work and its recognition within the professional community. These achievements strengthen us as an organization that works transparently, responsibly, and systematically.

FUNDS RAISED 2 468 730 UAH



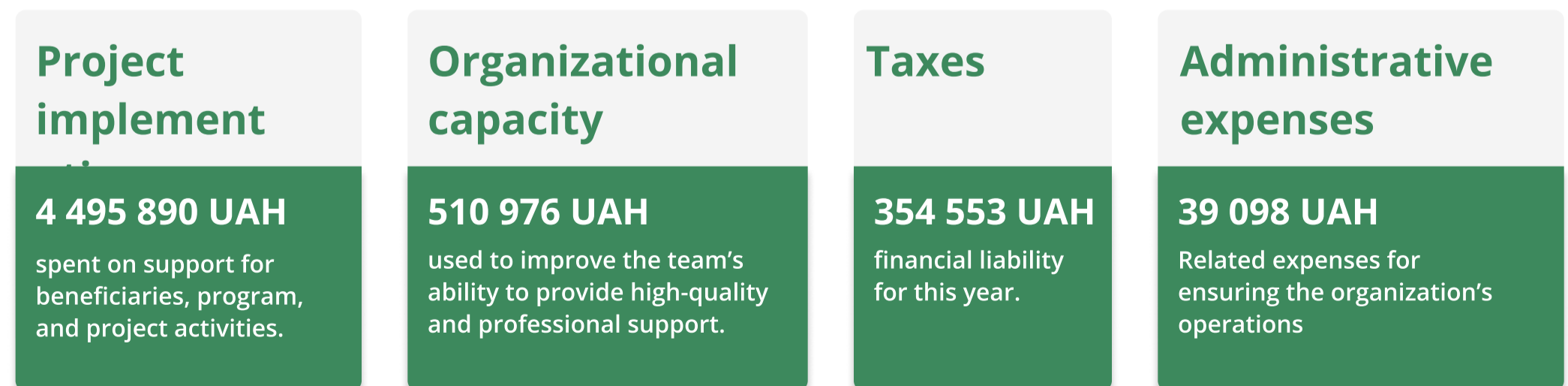
Targeted funding from international and national donors that enables the implementation of long-term support programs, the development of the team's expertise, and ensures the stability of the foundation's work.

Contributions from individuals, both one-time and recurring, which give the foundation flexibility, the ability to respond quickly to beneficiaries' needs, and to cover critically important expenses between grant cycles.

Partner contributions from companies within joint campaigns, charitable initiatives, and corporate social responsibility.

We strive to transparently demonstrate not only the amounts, but also the real impact of our work. Therefore, below are the key areas to which the Sylni Foundation directed its resources during the year, combining financial data with non-financial indicators — the people, projects, and services behind each figure.

HOW RESOURCES WERE SPENT 5 400 517 грн



We work with long-term programs and grants, so financial flows do not always align within the calendar year. That is why small but regular donations are critically important for us — they ensure the stability of support at the moment when people seek help, not “on schedule,” but when they truly need it.

COOPERATION WITH BUSINESSES: NEW COLLABORATIONS AND INITIATIVES

This year, businesses became one of the key sources of support for the foundation — we built partnerships based on shared values and the idea that business can drive social change.

NEW INTERNATIONAL PARTNERSHIPS

In 2025, we established partnerships with two international brands:

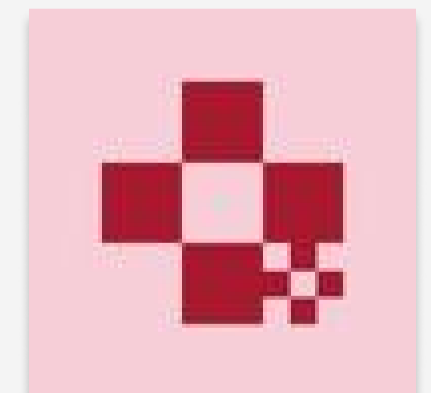
Ruta (Washington, USA)

In 2025, we began international cooperation with the restaurant Ruta in Washington, which organized a charity campaign for the International Day for the Elimination of Sexual Violence in Conflict. Ruta donated USD 1,000 to us, which became part of a larger GlobalGiving campaign and allowed us to provide comprehensive psychotherapeutic support for people who have experienced sexual violence. Thanks to this support, 13 women began their path to recovery. For many, this was their first experience receiving safe, professional support.



CreamDream (London, UK)

The Ukrainian coffee shop CreamDream in London has a dedicated charity corner, and its monthly proceeds are shared among three foundations, including Sylni. The coffee shop team launched sales of charity bracelets and products, and every month we received one-third of the proceeds to support survivors.



SUPPORT FROM UKRAINIAN BUSINESSES

Ukrsibbank BNP Paribas:

targeted support for survivors of sexual violence. With the support of Ukrsibbank



UKRSIBBANK
BNP PARIBAS GROUP

BNP Paribas in 2025, we provided comprehensive assistance to 7 people who experienced sexual violence. This support included full rehabilitation: dental treatment for consequences of torture and sexual violence, psychological support with psychiatrists involved, medication, legal consultations, and specialized medical care.

Charity drop with I AM VOLYA

As part of a partnership campaign with I AM VOLYA, we raised UAH 100,727, which

I AM VOLYA

was fully directed to support one of our beneficiaries — a woman who survived sexual violence by occupying forces and spent several years in captivity in occupied territories. She was kidnapped in the summer of 2017, held in the torture facility “Isolation,” later sentenced by a so-called “court,” and transferred to a women’s penal colony. She was able to return home only last autumn. The funds raised allowed us to provide the necessary support for her recovery after prolonged captivity and trauma: we were able to cover implants, giving her access to crucial medical care.

Charity photo day in Berlin with photographer Liza Burdeniuk

In collaboration with photographer Liza Burdeniuk, we organized a charity photo day in Berlin, aimed at raising funds to support the foundation’s beneficiaries while creating a safe space for people who wanted to see themselves in a new way and accept their current state. All proceeds were fully directed to support women who survived sexual violence and to provide the necessary accompaniment services within the foundation’s activities.



LAUNCH OF THE COLLABORATION WITH FMK

In 2025, we launched one of our strongest social collaborations — the capsule charity collection “I AM ALLOWED”, created together with the Ukrainian brand FMK. The collection was part of our “16 Days Against Violence” campaign and openly speaks about the rights of people who have experienced sexual violence: the right to any emotions, to their own pace of recovery, and to a safe, non-judgmental space. Through its design, messages, and bold visuals, this collaboration opened an important societal conversation about empathy, support, and rejecting the idea that trauma must be “lived correctly.” Part of the proceeds from the collection goes to provide comprehensive psychological, medical, and legal support for the foundation’s beneficiaries.



Tina Striuk, Partnerships Manager

“These partnerships show that support can take many forms: creative, business-oriented, local, or international — but it is always deeply impactful.”

GRANTS AND INTERNATIONAL DONORS: CONFIRMATION OF TRUST AND EXPERTISE

This year, we received support from several major international donors. For our team, this is proof that our expertise, transparency, and approach to support meet the highest standards.

- **Ukrainian Women’s Fund (UWF) grant** within the rapid response grants program

We implemented an organizational support grant from UWF. We are proud of our results:

✓ Implemented 7 internal policies and a CRM system

✓ Developed the foundation’s communication strategy

✓ Conducted 4 online trainings and 1 offline event in Kyiv to strengthen the team’s psychological resilience

- **Council of Europe grant** within the project “Combating Violence against Women in Ukraine - Phase III” (COVAW-III)

In 2025, we began preparing to launch the course “Stop Violence: Raising Adolescent Boys with Respect for Women and Girls”, created with support from the Council of Europe grant. The project aims to foster respect, empathy, and non-violent behavior among adolescent boys through work with the adults who influence them.

- **UN Women grant** within the competition “Grants for NGOs to strengthen the protection of women and girls and promote their participation and leadership in humanitarian crises”

In 2025, we began implementing a grant from UN Women. Plans include strengthening the team and conducting sessions to develop the strategic potential of the foundation.

COOPERATION WITH GLOBALGIVING IN TWO DIRECTIONS:

Global Giving Bonus Day:

Through the GlobalGiving platform, including participation in the Bonus Day initiative, we provided support in 2025 to 16 people who survived sexual violence, either in civilian life or after Russian captivity. During this period, USD 1,357.08 of collected donations was used, helping survivors take their first steps toward recovery.

- **GlobalGiving grant** for comprehensive support of survivors of sexual violence in Ukraine. Thanks to this grant, we were able to:

✓ Provide over 600 psychological sessions and medical consultations for survivors of sexual violence

✓ Ensure individual case management for people affected by violence

✓ Conduct communication and informational activities reaching over 1,000,000 people online and on social media

✓ Support the team’s operational work for a year and develop fundraising activities

WE ARE HERE TO HELP



Nadiia Volchenska, President

"2026 will be a year of strengthening what already works and cautious but ambitious growth. We will keep focus on supporting beneficiaries, expand professional standards, and work so that help is accessible, high-quality, and fast. These are our priorities: to deepen and scale the support we

provide; to strengthen the team and promote our values. We could not imagine what this path would be like and still do not know all the challenges ahead. But we know what we will rely on. In any circumstances, the "Sylni" Foundation continues to work guided by its values — with the determination to act where it is hard, and the courage to take on what truly matters."

High-quality support

People-centered approach

Comprehensiveness and flexibility

THE VALUES OF THE SYLNI FOUNDATION

Ethics and dignity

Relevance

